

# New Acquisitions List

**October 2020**

## New in General Book Collection

Charles Duhigg

[The power of habit : why we do what we do in life and business](#)

First edition

New York : Random House, 2012

xx, 371 pages : illustrations ; 25 cm

BF 335 d871p 2012

*Gift*

Amitava Dasgupta

[The science of stress management : a guide to best practices for better well-being](#)

Lanham, Maryland : Rowman & Littlefield, 2018

1 online resource : digital, HTML files

BF 575 .S75 D2676 2018 EB

Daniel Goleman

[Emotional intelligence](#)

25<sup>th</sup> anniversary edition

New York : Bantam Books, 2020, 2012

1 online resource : digital, HTML files

BF 576 G647w 2020 EB

Daniel Goleman

[Altered traits : science reveals how meditation changes your mind, brain, and body](#)

New York : Avery, an imprint of Penguin Random House, 2017

1 online resource (330 pages) : illustration, digital, HTML files

BF 637 .M4 G652017 EB

Rami Arbo

[The amazing benefits of journaling : how to change your life & mindset through journaling](#)

Columbia, SC : [Publisher not identified] ; 2020

66 pages : 28 cm

BF 637 .S4 A47 2020

*Gift*

Marc Reklau

[The life-changing power of gratitude : 7 simple exercises that will change your life for the better : includes a 3 month gratitude journal](#)

[United States] : Findaway Voices, 2018

vii, 161 pages ; 23 cm

BF 637 .S4 R26 2018

*Gift*

Daniel Goleman

[Destructive emotions : how can we overcome them? : a scientific dialogue with the Dalai Lama](#)

New York : Bantam Books, 2003

1 online resource (xxiii, 404 pages) : illustrations, digital, HTML files

BL 65 .E46 G65 2003 EB

Bari Weiss

[How to fight anti-Semitism](#)

New York : Crown, 2019

1 online resource (vii, 211 pages) : digital, HTML files

DS 145 W46 2019 EB

Alexandra Kenin

[Urban trails San Francisco : Coastal Bluffs, the Presidio Hilltop Parks & Stairways](#)

First edition

Seattle, WA : Mountaineers Books, 2016

286 pages : illustrations, maps ; 18 cm

F 868 .S156 K43 2016

*Gift*

Daniel Goleman

[Working with emotional intelligence](#)

Bantam reissue edition

New York : Bantam Books, 2006

1 online resource (xi, 383 pages) : digital, HTML files

HD 38.2 G647 2006 EB

Scott Carlson

[The right mix of academic programs : making decisions to add, cut, grow, or shrink departments and degrees](#)

Washington, D. C. : Chronicle of Higher Education, 2019

33 pages : color illustrations, color charts ; 28 cm

LB 2361.5 C375 2019

Eric Kelderman

[The looming enrollment crisis : how colleges are responding to shifting demographics and new students needs](#)

Washington, D. C. : Chronicle of Higher Education, 2019

72 pages : color illustrations, color charts, color map, color portraits ; 28 cm

LC 148.2 K45 2019

Trevor Noah

[Born a crime : stories from a South African childhood](#)

Spiegel & Grau trade paperback edition

New York : Spiegel & Grau, an imprint of Random House, 2019

xiv, 288 pages ; 21 cm

PN 2287 .N557 A3 2019

*Gift*

Stephen E. Lucas

[The art of public speaking](#)

Ninth edition

Boston, MA : McGraw-Hill, 2007

1 volume (various pagings) : color illustrations ; 26 cm

PN 4129.15 L83 2007

*Gift*

David George Haskell

[The songs of trees : stories from nature's great connectors](#)

New York, New York : Viking, 2017

xi, 292 pages ; 22 cm

QH 541.5 .F6 H375 2017

*Gift*

Susan Standring, editor-in-chief

[Gray's anatomy : the anatomical basis of clinical practice](#)

Forty-second edition

New York : Elsevier, 2021

1 online resource : illustrations (chiefly color), digital, HTML files

QS 4 G784 2021 EB

Stephen R. Thompson, Matthew R. Schmitz, editors

[Sports medicine](#)

Philadelphia, PA : Elsevier, 2021

1 online resource (xvii, 359 pages) : illustrations (some color), digital, HTML files

QT 261 S675 2021 EB

Emma Hardy

[Teeny tiny gardening : 35 step-by-step projects and inspirational ideas for gardening in tiny spaces](#)

London : Cico Books, 2013

144 pages : color illustrations ; 25 cm

SB 418 H373 2013

*Gift*

Shawna Coronado

[The wellness garden : grow, eat, and walk your way to better health](#)

Minneapolis, MN : Cool Springs Press, 2017

160 pages : color illustrations ; 25 cm

SB 453.5 C665 2017

Michael Pollan

[Second nature : a gardener's education](#)

First edition

New York, NY : Atlantic Monthly Press, 1991

258 pages ; 24 cm

SB 455 P646s 1991

*Gift*

Robert H. Miller and Daniel M. Bissell

[Med school confidential : a complete guide to the medical school experience, by students, for students](#)

First edition

New York : St. Martin's Griffin / Thomas Dunne Books, 2006

xviii, 282 pages : illustrations ; 21 cm

W 18 M649m 2006

*Gift*

Jennifer Cole

[Planetary health : human health in an era of global environmental change](#)

Oxfordshire, UK ; Boston, MA: CABI, 2019

1 online resource (xiii, 153 pages) : illustrations, maps, digital, HTML files

WA 530.1 C674 2019 EB

Parveen J. Kumar, Michael L. Clark, editors

[Kumar & Clark's cases in clinical medicine](#)

Fourth edition

London ; New York : Elsevier, 2021

1 online resource (xiii, 538 pages) : illustrations (chiefly color), digital, HTML files

WB 39 K96 2021 EB

David X. Cifu, editor-in-chief

[Braddom's physical medicine and rehabilitation](#)

Sixth edition

Philadelphia, PA : Elsevier, 2021

1 online resource (xviii, 1120 pages) : illustrations (some color), digital, HTML files  
WB 460 P577c 2021 EB

Steven D. Waldman

[Physical diagnosis of pain : an atlas of signs and symptoms](#)

Fourth edition

Philadelphia, PA : Elsevier, 2021

1 online resource (xvi, 428 pages) : illustrations (chiefly color), digital, HTML files  
WE 17 W164p 2021 EB

David W. Dempster, Jane A. Cauley, Mary L. Bouxsein, Felicia Cosman, editors

[Marcus and Feldman's osteoporosis](#)

Fifth edition

London, United Kingdom : Elsevier / Academic Press, 2021

1 online resource (2 volumes) : illustrations, digital, HTML files  
WE 250 O85113 2021 EB

Brett L. Cucchiara, Raymond S. Price, editors

[Decision-making in adult neurology](#)

St. Louis, Missouri : Elsevier, 2021

1 online resource (xii, 265 pages) : illustrations (some color), digital, HTML files  
WL 141 D357 2021 EB

Rehana Rehman, Aisha Sheikh

[Subfertility : recent advance for management and prevention](#)

[First edition]

Amsterdam, Netherlands : Elsevier, 2021

1 online resource (xix, 208 pages) : illustrations (some color), color portraits, digital, HTML files  
WP 570 R44 2021 EB

Louise C. Walter, Anna Chang, editors

[Current diagnosis & treatment : geriatrics](#)

Third edition

New York : McGraw-Hill Education Medical, 2021

1 online resource : illustrations, digital, HTML files  
WT 141 C976 2021 EB

Harold A. Stein, Raymond M. Stein, Melvin I Freeman, editors  
[Ophthalmic assistant : a text for allied and associated ophthalmic personnel](#)  
Tenth edition  
New York : Elsevier, 2018  
1 online resource (xx, 872 pages) : illustrations, digital, HTML files  
WW 21.5 S78 2018 EB

## **New in Journal Collection**

Southern Poverty Law Center  
[Teaching tolerance](#)  
Montgomery, Alabama : Southern Poverty Law Center, 1992-  
volumes : illustrations, 28 cm  
Three times a year, 2013 –  
alphabetical by title

## **New in Leisure Collection**

Charlie Mackesy  
[The boy, the mole, the fox and the horse](#)  
First edition  
1 volume (unpaged) : illustrations (some color) ; 22 cm  
PN 6737 .M35 B69 2019  
*Gift*

Souvankham Thammavongsa  
[How to pronounce knife : stories](#)  
First edition  
New York : Little, Brown and Company, 2020  
181 pages ; 22 cm  
PR 9199.4 .T43 A6 2020  
*Gift*

Zora Neale Hurston  
[Their eyes were watching God](#)  
First Harper Perennial Modern Classics edition  
New York : HarperCollins, 2006  
xviii, 219, 16 pages ; 21 cm  
PS 3515 .U789 T5 2006  
*Gift*

## **New in Video Collection**

The Great Courses

[Practicing mindfulness : an introduction to meditation](#)

San Francisco, California : Kanopy, Inc., distributor, 2011

1 online resource (24 video files (approximately 720 minutes)) : sound, color, digital files

BF 637 .M4 G798 2011