



# THE LIBRARY IS HIRING!

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The Library is currently hiring one student eligible for the Federal Work Study Program who is interested in a position as Student Library Desk Assistant. We are looking for someone interested in working shifts during the following times for the spring 2019 semester: **12:00pm – 4:30pm Monday, Tuesday, Wednesday, Thursday, or Friday.**

You must be:

- approved for work study
- be able to work 10 to 20 hours per week
- be able to work between 12 noon and 4:30pm (usually MPH or COP Masters student)

**For more information and to apply, please contact Librarian Amy Castro by email ([amy.castro@tu.edu](mailto:amy.castro@tu.edu)), by phone 707.638.5317, or in Rm. 218 of the Library. Thank you!**



## FEATURED RESOURCE



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# Annals of Internal Medicine®

The Annals of Internal Medicine offers so much more than just a journal; they also have a website filled with great resources that are web exclusives and can be useful and helpful to you in many ways. For example:

- ◀ **Career Connection:** get career advice, search available positions by job title, location or categories, and upload your CV
- ◀ **Story Slam:** watch short videos of physicians telling personal stories about what their work as a medical professional means to them
- ◀ **In the Clinic:** learn about a monthly topic focusing on common questions and issues clinicians face when working with patients
- ◀ **Journal Club:** discover all the latest evidence related to internal medicine from over 120 clinical journals, covering a wide range of topics including asthma, liver disease, diabetes, hospital and emergency medicine, and much more
- ◀ **Channels:** select a topic ranging from infectious diseases to geriatrics and see all the information provided by Annals of Internal Medicine in one place – from reviews to editorials

This just lists part of what you can find if you visit the Annals of Internal Medicine website. If you're curious and want to see for yourself, go to Annals of Internal Medicine on the [A-Z Databases](#) page on the [Library's website](#), and click on the link.

# RESOURCE NEWS

## SANFORD GUIDE MOBILE APP



Love the Sanford Guide? Well, TUC Library now offers access to the mobile app for Android and Apple mobile devices. The app has all the great content from the web edition with expanded content exclusive to the mobile app. There are calculators, algorithms, and tables, as well as full text searching capabilities, and the ability to bookmark pages and create notes. It is great for on the go and times when an internet connection is not available. And it's also great for use any time you want quick and easy access to all Sanford Guide has to offer.

If you are interested, visit the [Library's homepage](#) and follow the link in the Library News column, located on the right side of the page.

## ATTENTION!

In the New Year



will become...



### Academic Writer

APA's tool for teaching and learning effective writing

If you use APA Style Central, please take note: the New Year will bring with it a new name and logo for this writing resource. It will be called **Academic Writer** and the logo can be seen above. Along with the new look there will be improved features and functionality to address the biggest concerns of students in their research and writing endeavors. Make sure to check it out! You can find it by going to the [A-Z Databases](#) page on the [Library's website](#), and clicking on the link.



## THE ACCESSMEDICINE EXPERIENCE

AccessMedicine has many tools to help you study the many areas of internal medicine and prepare for your exams. There are:

- More than 100 medical texts, including *Harrison's Manual of Medicine* and *Self-Assessment and Board Review*;
- More than 700 videos demonstrating examination and clinical procedures;
- Flash cards;
- Review questions;
- Cases;
- Calculators;
- Short podcasts about key principles of internal medicine;
- Customizable quizzes;
- Images and tables that you can download; and more!

To check out this wonderful resource go to [A-Z Databases](#) on the [Library website](#) and click on **AccessMedicine**.

## NEW JOURNAL



Beginning January 1<sup>st</sup>, we will be adding the peer-reviewed journal from the American Diabetes Association, *Diabetes Spectrum*. This journal provides access to original research and reviews that aim to help healthcare providers develop strategies to best treat patients and educate them about their condition. Areas of coverage include: medical management, care innovations, professional and patient education, medical nutrition therapy, behavioral science and counseling, pharmacy and therapeutics, and advocacy (<http://spectrum.diabetesjournals.org/content/about-journal>).

Check it out (beginning January 1<sup>st</sup>) by going to the [A-Z Journals](#) page on the [Library's website](#) and clicking on the link to *Diabetes Spectrum*.

## NEW PHARMACOLOGY RESOURCE



On December 15<sup>th</sup>, TUC will begin a new subscription to Pharmacology World, which means you will have access to over 50 videos covering the key concepts of pharmacology and all major drug classes. These videos are succinct and short, so you will be able to focus on the exact topics you need to cover. This resource was developed by Dr. Michael W. Lee, who has been teaching pharmacology to hundreds of students for many years. His experience as an instructor provided him with insight on the topics students have the most troubles with, and these videos are the result of his efforts to help students in the learning process, with special attention to simple, well-organized

instruction on the most consistently problematic concepts in the field of pharmacology. For more information on this resource, check out this short [video](#) and this [handout](#).

To access this great new resource go [to A-Z Databases](#) on the [Library website](#) after December 15<sup>th</sup> and click on *Pharmacology World*.

# PSYCHIATRY ONLINE FREE EBOOK OF THE MONTH

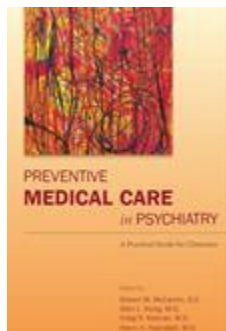
Each month Psychiatry Online offers access to a featured eBook in the field of psychiatry and it's free for all TUC students and faculty for that month. Check the news column on the homepage of the [Library website](#) each month for the latest free eBook.

## December 2018

### Preventive Medical Care in Psychiatry

A Practical Guide for Clinicians

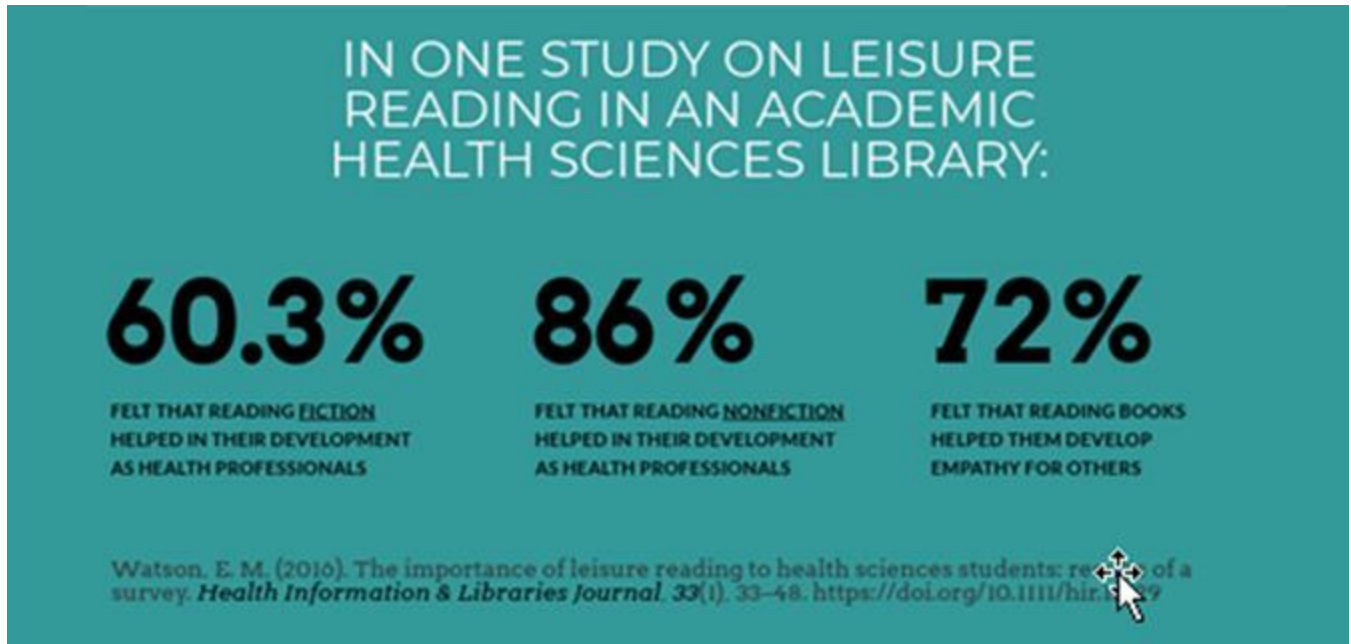
Edited by Robert M. McCarron, D.O., Glen L. Xiong, M.D., Craig R. Keenan, M.D., and Henry A. Nasrallah, M.D.



## LEISURE BOOKS, MAGAZINES & DVDS!

Did you know that the TUC Library has a small, but wonderful collection of leisure materials? It's true! We have a variety of bestselling fiction books in print and electronic form by authors such as Amy Tan, Donna Tartt, and Ta-Nehisi Coates. We also have non-fiction titles by the likes of Michael Pollan (Food Rules, Cooked, In Defense of Food ), Angela Duckworth (Grit), Malcolm Gladwell (Outliers, What the Dog Saw, Blink ), to name a few. Our leisure DVD collection is stocked with titles such as Moonlight, The Martian, and Lady Bird. And that's not all! We also have a selection of magazines for recreational reading, such as Dwell, Wired, Vogue, and The Atlantic.

If you think reading for pleasure is not helpful to you in your educational goals or as a medical professional, check this out:



So, during the winter break, check out a book to read for pleasure and work on your professional development at the same time!



## LEISURE READING RECOMMENDATIONS

All of the following titles are available in the Touro University California Library.

▷ National Book Award Winner 2018 ◁

**The Friend** by Sigrid Nunez

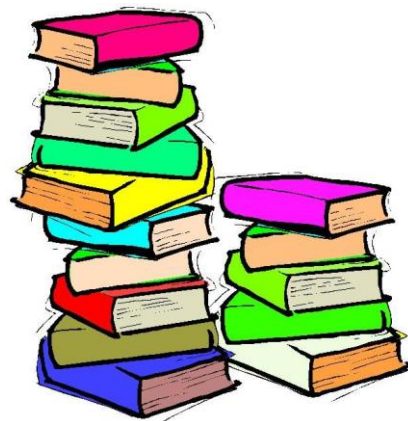
▷ Pulitzer Prize Winner for 2018 ◁

**Less** by Andrew Sean Greer

▷ On the NYT Best 10 Books of 2018 List ◁

**Educated; A Memoir** by Tara Westover

**How to Change Your Mind** by Michael Pollan



▷ On the NYT Best 100 Books of 2018 List ◁

**Warlight** by Michael Ondaatje

**American Eden; David Hosack, Botany, and Medicine in the Garden of the Early Republic**

by Victoria Johnson

The winter break is a perfect time to read a book for leisure, so stop by the library before you leave campus and check one (or more) out!



Click [here](#) to see the full list of new library books.

If there is one (or several!) books you're interested in looking at more closely, you can click the link provided in the list and it will take you directly to the library record for that book, whether it's a print book or an eBook.

## A FEW IMPORTANT REMINDERS



## KEEP THE LIBRARY WELCOMING FOR ALL

During the height of studying for exams many students turn to the library for focused, distraction free studying. It is during these times we need to remember that we are sharing the space with others who deserve the chance to work in a place that allows them to achieve their educational goals, which is what the library is all about. Therefore, please keep everyone's needs in mind when you are using the Collaborative side of the Library and use your library appropriate voices and clean up your spaces when you are done using them. These simple acts of consideration make the Library a great space for everyone to use. Thank you!



## INTERLIBRARY LOANS

Looking for an article or book we don't have? No, problem! If you fill out an [interlibrary loan form](#) we can very likely get it for you. For electronic resources, we can typically get them within 48 hours, and

they will be delivered directly to the inbox of the email address you provide. For print items, the wait is a bit longer – 2-4 weeks – and you must come to the Library to pick them up.

This service is available to TUC students, staff, faculty, and adjunct faculty. It is FREE and there is no limit to the number of requests you can make. So, don't give up if we don't have what you are looking for; get an interlibrary loan!

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## TROUBLE ACCESSING RESOURCES?

Lately, there have been increased incidences of misbehaving links and websites when accessing the Library's electronic resources. Luckily, most of the issues can be quickly resolved by clearing your cache. So, if you run into trouble accessing that article, book, or database you need, clear your cache and try again. If the issue still isn't resolved, contact our Electronic Resources Librarian, [Julie Horwath](#) for help.

## LIKE US ON FACEBOOK!

Check out the Library's [Facebook Page \(@TouroCaliforniaLibrary\)](#) for news, new and featured resources, links to useful information, campus events, and more. We encourage your engagement and want to be supportive in your research and information needs. So, follow our page and let us know what sort of content you'd like to see. And feel free to message us there as well!



## LIBRARY LOST & FOUND

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As of November 30th, 2018:

- An assortment of water bottles
- 1 iPhone charger
- 2 MacBook chargers
- 1 USB drive
- Ear buds
- Dark blue scrub top
- Blue scrubs ( top and bottoms )
- Brown 2018-2019 planner
- Black hair clip
- Dark blue Nautica jacket



**NOTE:** Valuable items are taken to at security desk in Lander Hall.



# CONTACT US

TUC librarians and staff are here to help. If you have any questions or need help, please feel free to contact us. If you aren't sure who to contact, email or call the main desk and we'll make sure you are directed to the right person.

## MAIN DESK:

**Phone:** 707-638-5300

**Email:** [tuc.library@tu.edu](mailto:tuc.library@tu.edu)

## LIBRARY FACULTY & STAFF DIRECTORY

Name	Title	Subjects	Phone	Email
Tamara Trujillo	Library Director	Graduate School of Education; School of Nursing; College of Osteopathic Medicine	707-638-5314	<a href="mailto:tamara.trujillo@tu.edu">tamara.trujillo@tu.edu</a>
Jennifer Abueg	Technical Services & Instruction Librarian	College of Osteopathic Medicine; Physician Assistant & Public Health Programs	707-638-5316	<a href="mailto:jennifer.abueg@tu.edu">jennifer.abueg@tu.edu</a>
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